



Relax • Restore • ReEnergize

**Elevate your stay with a trip to our Wellness Tent.
Our services are specifically designed to
enhance your adventure.**

MASSAGE

RELAXATION MASSAGE | \$185 60-Minute | \$235 90-Minute

This full-body traditional massage reduces tension using light to medium pressure to soothe muscles and create a state of relaxation.

DEEP TISSUE | \$210 60-Minute | \$270 90-Minute

Bring your body back into balance. This intensive massage focuses on trigger points, muscle adhesions, and imbalances through a series of deep strokes and sustained pressure for a full-body massage.

TERRAMOR SIGNATURE | \$295 90-Minute

Starting with an aromatherapy ritual, this massage encompasses light to deep pressure modalities used by your therapist for a customizable experience, including targeting specific areas to your body's needs.

COUPLES MASSAGE PACKAGES

Reconnect and relax together. Any of our massage services can be made into couples packages. Please schedule couple's services at least 48 hours in advance to ensure availability.

RELAXATION: \$350 60-Minute | \$450 90-Minute

DEEP TISSUE: \$400 60-Minute | \$515 90-Minute

TERRAMOR SIGNATURE: \$560 90-Minute

BODY TREATMENTS

ACADIA EVERGREEN RITUAL | \$295 90-Minute

This treatment will leave you revitalized and relaxed as though you've stepped into the serene woods of Maine. A full-body dry brushing with sea salt and kelp scrub for your back and feet is included. The body scrub is followed by a warm towel removal process. The treatment ends with an aromatherapy experience of balsam fir and spruce-infused oil applications for the body to seal in moisture and engage the senses.

207.288.7500 / info@terramoroutdoorresort.com

Check online or inquire with our team in regards to promotions and seasonal offerings.

FACIALS

AZALEA GARDEN FACIAL | \$215 60-Minute | \$275* 90-Minute

This treatment is inspired by the beauty of the Acadia region gardens and is rooted with botanical ingredients. Each facial starts and ends with the aromatherapy of balsam and spruce. It includes a customizable facial massage and gua sha to aid in releasing facial tension and promoting the lymphatic system. Featuring plant-powered ingredients, the facial balms, oils, and serums work together to nourish the skin and address imbalances.

**the 90-Minute service includes an arm and hand massage.*

FACIAL ADD-ONS

HONEY MASK | \$15

Honey is a rich antioxidant and healing agent. Include a honey mask in your treatment to create a post-service glow. This is a perfect add-on for skin that has recently been exposed to the sun.

SCALP GUA SHA | \$20 10-Minutes

Your therapist will use an ancient-inspired wellness ritual, a jade gua sha comb, to help promote circulation and reduce tension areas on the scalp, around the ears, and above the neck. Warm organic jojoba oil is added to the scalp and worked into the hair with the gua sha creating a hydrating treatment for your hair.

SEA ROSE EYE TREATMENT | \$25 10-Minutes

The calming properties of rose powder applied to the under-eye area is paired with a rose quartz eye massage tool that utilizes acupressure to reduce under-eye puffiness and helps with the absorption of hydrating products into the skin for a rejuvenating treatment.

ELEVATED ADD-ONS

Heighten your wellness experience with the addition of our add-ons specifically designed to encourage relaxation while utilizing innovative and locally sourced ingredients.

AROMATHERAPY | \$15

Incorporate the scents of the Acadia evergreen woods into your service with balsam fir and spruce-infused oils.

EAR SEEDS | \$25

Bring your relaxation home with the addition of ear seeds. Strategically placed on 2-3 acupressure areas of the ear, these promote stress relief through reflexology points and can be continued to be worn after the session for 2-3 days.

CBD | \$35

Optimize your massage with CBD balsam and spruce massage oils. Applied to one or two targeted areas of the body, CBD oils will aid in reducing pain while fighting stress and inflammation. CBD is also used to promote sleep.

OCEAN SHORE FOOT SCRUB | \$65 25-Minutes

This luxurious foot scrub features a Maine kelp and sea salt scrub, exfoliating the skin. Your therapist will then massage your feet to leave behind a soft moisturized feel. This re-mineralizing and relaxing service is the perfect addition to your massage after a long day on the trails.

All appointments must be booked 24 hours in advance to ensure availability. We have a 24-hour cancellation policy, resulting in a full charge of services to the payment method on file if canceled within 24 hours of scheduled service.



POOLSIDE MENU

SOMES SOUNDS FOOT SOAK | \$70 : 30-Minute

This soak features a re-mineralizing blend of kelp & sea salt and soothing botanicals for soft nourished feet. Followed by a foot massage with organic jojoba oil, ease sore and achy feet with this luxurious foot treatment.

OCEAN SHORE FOOT SCRUB | \$65 : 30-Minute

This poolside luxurious foot scrub features a Maine kelp and sea salt scrub, exfoliating the skin. The foot scrub is followed by a foot massage with organic jojoba oil for a soft moisturized feel. This re-mineralizing and relaxing service is perfect for a post pool dip or after a long day on the trails.

REFLEXOLOGY | \$55 : 30-Minute | \$100 : 60-Minute

In the 30 minute reflexology session your therapist will apply gentle pressure to acupressure points corresponding with the body's systems on your choice of hands or feet during the session. This ancient art of healing is meant to aid in relaxation and balance well-being. Upgrade to the 60-minute session to receive this acupressure massage on both the hands and feet.

CBD ADD-ON | \$10

Upgrade any of your poolside services with a synergistic blend of Spruce and Balsam fir infused massage oil with organically grown CBD from Vermont. This forest aroma blend enhances grounding and supports increased circulation, soothing of sore muscles, and relaxation.



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