



# Wellness Seasonal Menu

## MAY - OCTOBER

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### REIKI | \$150 | 60-minutes

Reiki (rei= universal, ki=energy) is an ancient Japanese healing modality. Experience this energetic service that uses either light, hands-on pressure or hovering hands to encourage the flow of your inner universal life energy for a state of deep calm and rest.

### REIKI MASSAGE | \$235 | 90-minutes

Ideal for those new to energy work, this integrated service begins with a 60-minute relaxation massage to ease physical tension and calm the body. It's followed by a 30-minute Reiki session, allowing for gentle, energetic alignment and deeper restoration.

## JUNE - JULY

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### BEACH ROSE FACIAL | \$150 | 60-minutes

Embrace the essence of summer with this limited-edition facial featuring rose-infused oils and balms to nourish and protect the skin. A gentle cleanse and facial massage are followed by a soothing mask made with pure rose powder and raw honey, leaving your skin soft, radiant and refreshed.

## SEPTEMBER - OCTOBER

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### SOMES SOUND FOOT SOAK | \$70 | 30-minutes

Soothe and nourish tired feet with a re-mineralizing soak of kelp, sea salt and calming botanicals. Followed by a restorative foot massage using warm organic jojoba oil, this treatment is designed to ease soreness and leave feet feeling soft, refreshed and deeply relaxed.